

STAR BRITE PRESS INC.

from the desk of Ed Malicki

to: Veg -

1 Green Squash

1 Yellow Squash

1 Carrot

$\frac{1}{4}$ Cup white wine

$\frac{1}{4}$ Cup Orange Juice

2 Tablespoon of Olive Oil

1 Tablespoon of Fla. Dash

$\frac{1}{2}$ Teaspoon of Saigon with Coriander

$\frac{1}{2}$ Teaspoon of Garlic

Saute the Veg in Oil and Garlic

Then put the rest of the

Ingredients in and Cook for

4 minutes.